The Ghost in You:
Psychotherapy and the Art of Grieving

The American Academy of Psychotherapists
64th Annual Institute and Conference
October 23 - 27, 2019
Hyatt Regency, Savannah, Georgia
Welcome to Savannah, Georgia

Welcome to Savannah where ghosts and history intertwine in every park and on every corner. Here we are delighted to host the American Academy of Psychotherapists’ 64th Institute and Conference, *The Ghost in You: Psychotherapy and the Art of Grieving.*

A city filled with cemeteries and ghost tours, Savannah is the perfect setting for us to explore our own ghosts and delve into the complexity of our grief and loss. We hope you will enjoy the intrigue of America’s most haunted city as you wander the streets and savor the culture.

The Hyatt Regency
2 W. Bay Street
Savannah, Georgia 31401
912-238-1234


Facing the Savannah River, the Hyatt Regency is an elegant waterfront hotel with access to River Street and Savannah’s historic district. We are excited to be returning to this lovely hotel. Amenities at the hotel include complimentary WiFi, an indoor swimming pool, and a 24-hour fitness center. Easily within walking distance are historic parks and squares as well as riverfront shopping and restaurants.

Reserve your room by calling the Hyatt Regency and reference the American Academy of Psychotherapists to receive the discounted conference rate of $229 per night plus fees and taxes. The cut-off date to receive this rate is 9/30/2019. To extend your stay in Savannah, based on availability, you can reserve this rate one day before and one day after the event dates.

Travel Information

Many of you will arrive by air. The Savannah/Hilton Head Airport (SAV), ranked as one of the top ten domestic airports, offers direct and connecting flights from around the globe. Ground transportation options are clearly marked throughout the airport. All of the usual rental car companies are available.

Car service from airport: Uber/Lyft pick up is conveniently located at the north entrance of baggage claim. Taxi to the hotel is approximately $28 ($5 for each additional passenger).

*Please note, there is no shuttle service to the hotel.*

If you are arriving in Savannah by car, the address for the hotel for your GPS is 2 W. Bay Street.

Parking: Secure underground valet parking for standard cars and oversize vehicle/vans with maximum height of seven and a half feet is available. Parking includes full in/out privileges as much as needed with a cost of $31 overnight. There is also self-parking available at a nearby Whitaker Street garage. In/out privileges do not apply; there is a $16 overnight parking cost.

Is this your first AAP Conference?

The Ambassador Program is a special outreach arm of AAP that pairs seasoned AAP members attending the conference with first-time attendees at an AAP event. Ambassadors are excited to welcome first-time attendees personally and to offer to have coffee or a meal and answer questions about the unique ways that AAP conducts a conference. If you would like to have an ambassador contact you to arrange a meeting, please indicate this on your registration form.

Hallway
by
Jean Wimmerlin

A Swiss photographer, Jean shot this hallway in Namibia in August, 2016.

COMMITTEE

Kristie Nies, Co-Chair
Stephanie Spalding, Co-Chair
Nancy Cahir, Activities/Hosted Dinners
Denise Castro, Treasurer
Angela Cerkevich, Program
Catherine Clemmer, Continuing Education
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Edwin Sharp, Room Assignments
Linda Tillman, Brochure
Daniel Turetsky, Program

Special thanks to Noah Meyers and Campbell States
The Ghost in You: Psychotherapy and the Art of Grieving

“The past is never dead. It’s not even past.”—William Faulkner

Loss is integral to the human experience. There is no attachment without the risk and eventuality of loss. The response to loss, however, determines our engagement in the present moment, as unfinished business can exist in a ghostly fashion. The ability (or inability) to navigate grief has a profound impact on the quality and duration of our relationships. Mourning can be a vehicle for, or an obstacle to, growth.

Over the course of these five days, we will take a deep dive into conscious and unconscious factors that influence how we, as therapists and individuals, metabolize grief. Particular attention will be paid to the potential for growth inherent in addressing what could otherwise be a scary topic.

We invite you to explore the theme of ghosts and grief as they relate to the person of the therapist, the therapy process, our community, and the world at large, in the hauntingly beautiful city of Savannah, GA. Our two plenary sessions are designed to address the psychology of “unfinished business,” and the central role that grief plays in resolving it. Justin Hecht, PhD, from San Francisco, CA will explore these themes from a Jungian perspective. Dorothy Holmes, PhD, from Bluffton, SC, will address manifestations of ungrieved cultural loss. And our workshops, both experiential and didactic, will offer a host of additional pathways into this fascinating piece of psychological terrain.

We will honor AAP traditions by including opening and closing experiences, community meetings, and the Saturday evening dinner and dance. We encourage you take advantage of all of the talent and experience that AAP has to offer. The famous squares of Savannah, with their own rich history of ghosts and ghost stories, will be steps away from our hotel and will offer yet more opportunities for exploration. We trust that addressing ghosts of the past and present will result in a more enlivened future.

On behalf of our committee, we welcome you to the 64th annual Institute & Conference.

2019 I&C Conference Co-Chairs,

Kristie Nies, PhD
Stephanie Spalding, LCSW-R
American Academy of Psychotherapists

We are a multidisciplinary community of psychotherapists dedicated to the personal and professional development of the therapist. We value the therapist-client relationship as fundamental to the healing process of psychotherapy. As a community, the Academy seeks to provide learning and growth opportunities for new therapists and seasoned professionals alike. AAP values relational workshop experiences and encourages interaction over prescribed formality. To this end, our meetings offer interpersonal groups, experiential workshops, and therapy demonstrations, in addition to more traditional training workshops.

AAP Scholarship Program

AAP offers a unique training opportunity for beginning psychotherapists and mid-career professionals of every discipline. Twenty-four need-blind scholarships of $1200 each enable both new and experienced practitioners to attend our conference. Scholarship recipients will participate in workshop and community activities, as well as daily intensive groups facilitated by two AAP leaders. The Scholarship Program encourages participants to develop a commitment to their own personal and professional development. Visit aapweb.com to apply.

Target Audience and Instructional Level

Our Institute and Conference is well-suited for psychologists, social workers, counselors, marriage and family therapists, sex therapists, psychiatrists, and mental health practitioners, as well as graduate students in mental health-related disciplines. The instructional level in all workshops and plenary sessions is appropriate for new, intermediate, and advanced practitioners, unless specifically noted.

Interested in Becoming a Member?

Information regarding membership requirements and applications can both be found on the AAP website (www.aapweb.com). You can also receive an application by contacting the Central Office at 518-694-5360 or the Membership Chair, Nelia Rivers, at 404-261-8461, or at neliarivers@gmail.com.

The Relief Trust Fund

The Relief Trust Fund can provide up to $500 for AAP members seeking financial assistance to defray the cost of registration fees or annual dues. There is no application to submit. Simply contact the AAP president or any member of the Relief Trust Board to apply.

Educational Objectives

Participants will be able to:
1. Practice productive responses to loss and the many ways in which loss can facilitate growth and development.
2. Be able to explore with clients the ways in which ghosts (unprocessed grief) can interfere with mourning and haunt the therapy process.
3. Identify ways in which dissociation, fragmentation, repression, and somatization interfere with grief work.
4. Discuss unresolved grief, the impact of haunting losses, and the transmission of trauma (i.e., intergenerational, institutional, community) with clients.
5. Be able to explore with clients the effects of cultural differences in the understanding of loss and death and grieving practices/rituals.
6. Understand ethical considerations around confidentiality, boundaries, disclosures and other matters when loss and grief enter the therapy relationship.
7. Attend to the ghosts (unprocessed grief) within our clients, which get triggered by loss in our lives (e.g., illness, retirement, divorce).
8. Identify “complicated grief” and address it productively within the therapy process.

Please see learning objective for each workshop in the brochure addendum online at www.aapweb.com.

“It is necessary for the therapist to mourn his own ghosts before helping his patients mourn theirs.”

Adrienne Harris (“Ghosts in the Consulting Room”)
Welcome Reception Honoring Newcomers
This gathering at 5:00 PM on Wednesday afternoon is a meet-and-greet for first-time attendees. Please join us as we welcome volunteers, scholarship recipients and newcomers to our community. AAP officers and members look forward to this opportunity to mingle and to answer questions about the Academy.

Wednesday Buffet Dinner and Opening Experience
We will gather for our first meal together on Wednesday evening at 6:00 PM. This buffet dinner, included for all full-conference registrants, provides an opportunity to connect, catch the spirit of the I&C, and prepare for the Opening Experience which will take place from 7:30 - 8:45. In the Opening Experience the committee will introduce the theme of the conference. Following the opening, we will hold the first of three community meetings. AAP community meetings are open to all and are large, open-format groups where all are encouraged to voice opinions, express feelings, and discuss concerns with the community as a whole.

Open Process Groups
Ongoing peer process groups are one of AAP’s most powerful learning and growth activities. We give and receive here-and-now feedback to each other and learn first-hand about relationships and group dynamics. In addition to long-term peer groups, this I&C will feature evening process groups that are open to both newcomers and members. These open process groups will be led by experienced AAP members. Groups will consist of no more than 15 participants and will require a two-night commitment. If you would like to participate in an open process group, please indicate this on your registration form. No CEs are available for open process groups. Open process groups will be held: Wednesday 9:00-10:00 PM and Thursday 8:45-10:00 PM.

Hospitality Suite
Welcome! Our Hospitality Suite opens when registration starts. Join us Wednesday when you arrive for a light snack and/or beverage. We’ll also be open each evening for old friends and new friends to mingle, unwind and get nourished. It’s a relaxed, safe place simply to be. Bring your hungry ghosts along with your joyful self. All parts of you are welcome! In our typical AAP fashion, musicians often show up with instruments and jams get going along with sing-alongs. So, be prepared for that too, if it’s your pleasure. See you there.

12-Step Meeting
AAP offers a 12-Step meeting at lunchtime on Friday. Participants from all 12-Step programs are welcome. Information will be on the bulletin board and at the registration desk.

Hosted Dinners
Would you like to get better acquainted with other AAP members and newcomers? We will be offering hosted dinners, where each person pays for his or her own meal, at several local restaurants on Thursday and Friday evenings. You can find information regarding restaurants and our hosts at the registration desk.

“Narrative and witnessing are possibly the antidote to haunting.”
Adrienne Harris

Activities
The city of Savannah is rich with downtown culture that includes guided tours, ghost walks, museums, sightseeing cruises and historic parks. Soak up the sun with gorgeous golf courses designed by legendary players like Arnold Palmer, or simply stick to River Street. This famous strip is full of exceptional shopping, dining and entertainment and is conveniently located close to the Hyatt Regency Hotel. Popular attractions like Tybee Island are only a half-hour away. Also, the Hyatt Regency Hotel offers a spectacular pool and fitness center if you prefer not to explore outside the hotel.

Main attractions include:
-- Trolley rides, walking tours, Segway tours and horse carriage rides
-- Riverboat cruises and dolphin magic cruises
-- Tours of historic homes; history museums
-- The Historic Savannah Theatre
-- Ghost tours - walking and hearse ghost tours

More specific and detailed information regarding contact information, locations and cost for a wide variety of these activities in the downtown Savannah area can be found by following this link to the Hyatt Regency Hotel - Savannah Website: https://www.hyatt.com/en-US/hotel/georgia/hyatt-regency-savannah/savrs/area-attractions

Yoga Nidra
We invite all attendees to participate in yoga nidra on Sunday morning as a way to seal the conference experience. This nurturing and thoughtful practice restores the nervous system to bring calm, ease, and a felt sense of interconnectivity.

Closing Experience
The Closing Experience, our final community meeting, is an opportunity to review and to integrate the week’s experiences. The Closing Experience allows a chance for final connections and facilitates the transition back to family, friends, and work.
Saturday Night Dinner and Dance

The Saturday night dinner and dance is one of AAP’s most honored traditions. After a long and meaningful workshop experience, we share a meal and enjoy each other. We will honor our leaders, presenters and committee, enjoy “teasers” of the conferences to come, and dance our hearts out to the live band music.

The Boomers are our Saturday night dance band. This versatile four-piece band includes acoustic guitars, drums and keyboard as well as an incredibly talented female lead singer. The Boomers played for Bill Clinton’s inaugural ball, an NFL owners’ meeting, and have opened for many mainstream bands. The lead singer has written over 100 songs that are used by other artists and for many national TV shows. They come ready to rock your socks off, but do not be deceived by their name; they play for all ages and all musical interests.

Get your dancing shoes ready!

“We’ll pick up Hazy Davy and Killer Joe
And I’ll take you all out to where the Gypsy angels go
They’re built like light and they dance like spirits in the night
(All night) in the night (all night)”
Bruce Springsteen
AAP Scholarship Process Groups: Embracing the Ghosts In You

In this four-day, ten-hour scholarship process group, participants will explore deeper and less conscious aspects of themselves in order to create better therapeutic relationships. Participants are selected and assigned to a scholars’ process group by the Scholarship Committee in August and September following application to the program. Scholarship groups are each facilitated by two senior AAP members throughout the duration of the I&C.

In this year’s scholars’ process groups, attention to unconscious processes will include identifying ghosts in our lives that result from incomplete grief and that can hinder our capacity to connect to others and to our own life force. Death, separation, relinquishing a goal, losing a valued role or making a change in an important structure - such as a family - can, if not fully processed within oneself, result in the formation of personal ghosts. As psychotherapists we can better help by identifying our ghosts and helping others to do the same. The group will bear witness to the metabolizing and integration of haunting losses to deepen our relationship with each other and ourselves and eventually to those with whom we will practice psychotherapy.

The Scholarship process groups will meet: Wednesday 9:00—10 PM; Thursday and Friday 9:00 AM—12:15 PM and Saturday 2:00—5:15 PM.

**Group Leaders:**
- **Frances Compton, PhD**, is a life member and active presenter of AAP. Dr. Compton attained her PhD from the University of Maryland and is licensed in Washington, DC. She is a member of the Society for the Exploration of Psychotherapy Integration. Dr. Compton enjoyed all settings of private practice for 40 years and presently consults with individuals and small-business owners. She is looking forward to co-leading the Scholars’ Process Group with Dr. Z Rosenzweig.
- **Edward Z Rosenzweig, PhD**, was trained at University of Virginia, Emory University, and Harvard University, and is a clinical psychologist, licensed in Georgia. He is in private practice in Atlanta and serves as an adjunct professor of clinical psychology at Emory University, where he supervises advanced students in clinical training. He has co-chaired an I&C and a summer workshop for AAP and has presented numerous workshops through the years.
- **Barbara Nama, LCSW**, a graduate of the University of Michigan, is in private practice in Atlanta. Her foundation in object relations theory and interest in attachment issues have enhanced her exploration of the intersubjective process of psychotherapy and her ongoing quest to understand what makes therapy work.
- **Murray Scher, PhD**, received his PhD in Counseling Psychology from the University of Texas at Austin. He has been a college teacher, college counselor, and psychologist in private practice. He is a Fellow of the American Psychological Association and a Fellow and Past President of AAP. He currently is in private practice in Austin, TX and Jonesborough, TN. He is a sought-after group facilitator and is widely published in the areas of gender issues and psychotherapy.

Ongoing Training - beginning Wednesday Afternoon

**T1a Exploring Gender Identity and Gender Non-Conformity: A Training Institute**

The intention of this institute is to both deepen understanding of gender identity and gender non-conformity as well as remain open to the questions before us on this subject. *(Diversity)*

(6 CEs,12 Participants)

**Lori Oshrain, PhD**, is a licensed psychologist in private practice outside Chapel Hill, NC. She received a BA in anthropology from University of Oregon and a PhD in clinical psychology from UNC Chapel Hill. She has worked extensively with gender non-conforming individuals and couples, and has offered consultation, education and supervision for community groups, medical students and therapists.

**T2a Men’s Fears of Women in Intimate Relationships**

It’s intuitively clear to most people that women are afraid of men, and with good reason. Men’s fears of women are more underground, hidden from women and from themselves. Although hidden, these fears are one of the most powerful and pervasive shapers of men’s interior lives and their intimate relationships. (6 CEs,15 Participants)

**Dr. Avrum Weiss** is a clinical psychologist and author, practicing in Atlanta, GA. He is the author of two books, numerous professional articles, and has given over 100 professional presentations. He is working on a new book about how men’s fears of women shape their interior lives and intimate relationships.
Grief, mourning, loss...all common aspects of the human condition. Understanding and addressing these universal emotions are critical to the well-being of client and therapist. In this experientially-oriented workshop, we will explore these concepts from a humanistic-existential approach and varied religious traditions. Come prepared to share your experienced losses. (6 CEs, 18 Participants) Thursday AM & Friday PM

Robert G. Rosenblatt, PhD, has been providing varied psychological services for over 40 years. His current practice emphasis is on clinical supervision and practice management with the aim of helping other therapists construct thriving private practices. He loves what he does and believes he has much to offer on this topic. Come and see if that is accurate. Besides his work, he loves to spend time with family (especially grandchildren), at the beach, golfing, cooking, and writing about psychotherapy.

How to Kill Your Mother Part 2: Grief or Relief?

This process group will delve into how we carry old family rules that govern current behavior. What happens when we dredge up these ‘ghosts’? Can we exorcise them? Do we end up grieving the loss and change, or feeling relief at weight lifted? Prior participation in Part 1 not necessary. (6 CEs, 12 Participants)

Judy Lazarus received her MSW from Catholic University in 1972 and is a licensed social worker. Throughout her career she has worked with adolescents and their families, including 11 years at St. John’s College, Annapolis, MD. Practices that promote resilience have been a mainstay of her work. Since 1996 she has been a certified teacher of ecstatic body postures, a practice for trance induction in the ancient poses of our common ancestors.

Jenny Otto is a certified yoga teacher, yoga therapy teacher, KMI (anatomy trains) structural integrator and teacher trainer in the greater Washington Metro area. Jenny has developed a deep understanding of anatomy and therapeutics in the domain of functional rehabilitation, biomechanics, and the nervous system. She has been teaching wellness/exercise programs nationally since 1980.

Standing in Grief

The mirroring inherent in the therapeutic process has impact on the body of the therapist. Engagement with grief, loss and trauma produces physiological response. Emotional pain lives in the flesh. This experiential workshop will offer structural integration practices for grieving and use rattling trance to disrupt neurological patterns of holding. Dress comfortably. (6 CEs, 15 Participants)

Judy Lazarus

Jenny Otto

The mirroring inherent in the therapeutic process has impact on the body of the therapist. Engagement with grief, loss and trauma produces physiological response. Emotional pain lives in the flesh. This experiential workshop will offer structural integration practices for grieving and use rattling trance to disrupt neurological patterns of holding. Dress comfortably. (6 CEs, 15 Participants)

3a Standing in Grief

4a The Grief and Loss of Trauma – Accessing Inner Healing Wisdom in MDMA-assisted Psychotherapy: Evidence and Examples from Clinical Research

Lead researchers in FDA-approved non-profit research will present data from studies of MDMA-assisted psychotherapy for PTSD, and will describe the nature of the MDMA-facilitated process and the therapeutic approach. This will be illustrated with video clips of MDMA research sessions, allowing ample time for discussion of the content. (3 CEs, 40 Participants)

Michael Mithoefer, MD, has conducted non-profit-sponsored clinical research of MDMA-assisted psychotherapy for PTSD since 2004. He is medical monitor and lead therapist trainer for ongoing international phase 3 trials under FDA breakthrough therapy designation. Training: MD, Medical University of South Carolina (MUSC), internal medicine residency, University of Virginia, psychiatry residency MUSC. He has been board certified in psychiatry, emergency medicine and internal medicine, is Fellow of the American Psychiatric Association and clinical assistant professor of psychiatry at MUSC.

Annie Mithoefer, BSN, has conducted non-profit-sponsored clinical research of MDMA-assisted psychotherapy for PTSD since 2004. She is a lead therapist trainer for ongoing international phase 3 trials under FDA breakthrough therapy designation. Training: BSN, Medical University of South Carolina (MUSC), certified holotropic breathwork facilitator, Grof Transpersonal Training, Hakomi training.
5a From National to Personal: Grieving the Loss

Politics in America haunt every aspect of our emotional and physical lives. The experience of losses/grief resulting from political decisions from conception to death, social justice issues, race relations and environmental change, impacts the psychological well-being of our patients and ourselves. This is an experiential group. (6 CEs, 15 Participants)

Lenore Pomerance, (UC Berkeley, MSW, CUA, Washington, DC) has an individual, couples and group psychotherapy practice in Washington DC, specializing in chronic and terminal illness, mid-life issues of menopause, sexuality, aging and loss. She has led co-led workshops reflecting all of these interests at AAP. A Peace Corps volunteer in the 1960s, a community organizer in the 1970s, and having a 25-year psychotherapy practice, Lenore understands how the “political” is very personal.

Steeped in the politics of his hometown, Washington, DC, Gordon Cohen helps patients in his practice address the impact of the cumulative societal losses since the advent of the current administration. Dr. Cohen has been in private practice for twenty-five years. He is a past president of the Academy.

6a The Miscarriage of Grief: Utilizing Movement and Psychotherapy to Process Complicated Grief

This is an all-day process-oriented workshop to explore the stuck, complicated grief our bodies hold onto. By combining process group therapy with light yoga and mindful meditation, we will explore our own resistance to letting go of grief and loss. (6 CEs, 15 Participants)

Jennifer Savitz has a BSN, MN, Master’s in rehabilitation counseling and a PhD in counseling and is in private practice. A member of the Academy for over 30 years, having served on EC as membership chair, and chairing an I&C, she loves AAP and the insights gained. She has experience in Gestalt therapy, behavioral therapy, and process therapy and has trained with Al Pesso, Al Lowen, Irma Lee Shepherd, and Joen Fagen, among others.

Jillian M. Thomas, LPC, NCC, RYT has been practicing psychotherapy and teaching yoga in South Carolina since 2008. Originally from the Chicago area, she received her BA from the University of IL and her MA from University of Maryland-Europe. Prior to moving to SC, she worked for the military overseas providing counseling services for active duty military and their family members. In 2017, she expanded her practice to include a yoga studio and frequently fuses traditional psychotherapy with yoga/meditation.

7a Relationships Don’t Die, People Do: Making Grief Matter Through Shared Tears and Laughter

This will be a two-day workshop: the first day includes a didactic presentation drawing from systems theory, experiential psychotherapy, and grief psychotherapy, and a movie that speaks to the theme of this workshop; the second day includes process-oriented experiences focusing on the healing nature of authentic grief. (6 CEs, 15 participants)

Jacob Megdell earned his BA from University of Michigan, 1970, his MA from University of West Georgia in 1975, and his PhD from California School of Professional Psychology in 1981. He has published research on humor and the psychotherapy relationship. He specializes in treating the psychological aspects of chronic pain and illness. He is currently employed with the Ministry of Health, Ontario, Canada, as clinical psychologist on a family health team. Primary clinical interests include the healing components of the psychotherapy relationship.

8 The Other Side of Suicide

When a person suicides, there is little attention paid to how it affects one’s relatives, friends, and therapists. This workshop will address how suicide impacts those who are initiated into a “club to which you don’t want to belong” -- the club of survivors of suicide. (3 CEs, 20 participants)

N. Mendie Cohn is a licensed clinical psychologist in private practice in Brooklyn, NY. She earned her PhD from Adelphi University in 1980. Throughout her career she has worked with psychiatric and medical patients in both inpatient and outpatient settings, supervised staff and trainees, led seminars and workshops, and was the Director of Internship Training at a municipal hospital for 18 years. Over the past 26 years, she has presented workshops in AAP on a variety of topics.

Darrin Bronfman has spent 13 years in private practice as a licensed psychotherapist in metro Atlanta. In addition to seeing children, teens, and adults in psychotherapy, he is also a clinical supervisor. He has been a member of AAP for ten years and spent three years on the southern region committee in addition to serving on two summer workshop committees and co-presenting two workshops.

Karen Swander, PhD, ABPP, has been a member of AAP since 1972. She retired from the University of Tennessee in 2011 and is semi-retired from private practice. Having experienced a familial suicide, followed by working with people struggling with suicidal urges or coping with suicides of loved ones, she became interested in one’s motivations for suicide. In 1975, she co-presented on ethical aspects of suicide at the IX International Congress for Suicide Prevention and Crisis Intervention in Helsinki, Finland.
9 Grieving Past Parts of Ourselves: Honoring the Shoulda, Coulda, and Woulda

As we come into who we are personally and professionally, we must, throughout the process, leave visions and versions of ourselves behind. This workshop is an invitation to use visual art and process to honor parts of ourselves that we’ve grieved along the way. (3 CEs, 12 Participants)

Liz Marsh is a clinical social worker and art therapist in private practice in Washington, DC. Liz has spent over ten years combining her love of relational therapy and the expressive arts to help her clients get to know themselves and find deeper connection in their relationships with others.

10 Use of Ritual in Ethical Relationship Transition: An Ethics Workshop

Underlying all that we know about healthy relationships with self and others is a substrate of ethics, beginning with “Do no harm”. Ending or transitioning a relationship can be challenging. We will explore ethical substrates of relationships, and elements of grief, and ritual utilizing didactic, group and council process, and experiential. (Ethics) (3 CEs, 15 Participants)

Pat Webster received a Bachelor’s from Duke University, a Master’s in psychiatric nursing from UNC-CH and a PhD in clinical psychology from the Union Institute. She is a licensed clinical psychologist practicing in Durham, NC and an Academy Fellow. She is former chair and current member of the AAP ethics committee. She uses her personal experiences with relational ethics, grief, loss and ritual to help others along this journey. She has navigated challenging relationship transitions with the help of these tools.

11 Delayed Mourning Creatively Captured: “Lars and the Real Girl”

After viewing the film, “Lars and the Real Girl”, we will examine the ingenious, creative symptomatology the unconscious devises to solve the problem of unresolved mourning. We will explore the function of the therapist and the wider community in facilitating mourning. Requested pre-reading: Freud’s Mourning and Melancholia (short paper). (3 CEs, 12 Participants)

A former English teacher, Joan Levine was a member of the first cadre of teachers in the Bay Area Writers’ Project through Berkeley University. After moving to NYC, she wrote children’s books. She began the PhD program at City University in clinical psychology, initially interested in adolescent and family therapy. Dr. Levine now sees couples and adults in private practice, is on the adjunct faculty at City University, and is a supervising psychologist with CAPA (China American Psychoanalytic Alliance).

12 Reunion With Self: The Integration of Ghosts in Adoption and Third-Party Reproduction

Unresolved grief and complex trauma are hallmark symptoms in families created through adoption and third-party reproduction. Today’s therapists recognize that 75 percent of families seen are nontraditional. By facilitating the awakening of the sleeping ghosts, therapists lessen the developmental impact on the individual, family and society. Lecture and film clips. (3 CEs, Open)

Leslie Pate Mackinnon, an “adoption competent therapist” who trains therapists worldwide, was led to the field after placing her two first-born sons for adoption. She’s served on The Board of Donaldson Adoption Institute and Concerned United Birthparents. She’s been interviewed by Robin Roberts on GMA, Dan Rather and Katie Couric. Her story is in the The Girls Who Went Away, and the documentary A Girl Like Her. She consults for Long Lost Family on TLC.

Thursday Afternoon
T2b, 2b, 3b, 4b, 5b, 6b, 7b are continued.
Thursday Afternoon Three-Day Workshops

13a Groveling, Grappling, Growing, Grieving: A Three-Day Process Group

Peter Pan sings, “I won’t grow up... if it means I must prepare to shoulder burdens with a worried air, I’ll never grow up, Not me, ...”, the archetypal refusal to grieve, holding onto childhood myths and magical thinking. Participants will experientially examine their own resistance to grieve and grow. (9 CEs, 16 participants)

Nicholas Kirsch, PhD, has been practicing psychotherapy in Washington, DC for 30 years, specializing in process-oriented group therapy. He draws from experiential, relational, attachment, group-as-a-whole, and developmental, among others. He thrives on the deep dynamic connections that happen in cooperative groups (therapy, pelatons, drum circles, sports teams), and when not leading a group he is likely participating in one with others who also love living moment to moment in the flowing connections that are so enriching, unpredictable and uniquely human. (9 CEs, 16 participants)
15a Managing Lingering Ghosts

What can be done about those lingering ghosts of parents, teachers, peers, girlfriends, boyfriends, spouses, siblings, etc? This two-day process-oriented workshop will provide the opportunity to help you identify those that linger and explore alternative ways of managing the impact of their influence. Your ghosts and grief will be welcome. (6 CEs, 12 Participants)

Jonathan Farber received his doctorate in clinical psychology from Duke and interned at Duke Hospital, but learned the most from his patients and from his AAP colleagues. He taught at UNC and Duke, did research for the VA, and ran an adolescent inpatient program before beginning full-time private practice with adults and children. He leads long-term groups and provides private supervision. He’s led AAP trainings since 1987. e is mindful that grief is present in all of us.

Adam Klein, PhD, is a licensed psychologist working full-time in private practice. More recently he has focused on how mining and cultivating mature masculine energy potentiates healing. Without rituals in our society to guide us we are lost on the path to gaining mature masculine energy. Psychotherapy, especially group psychotherapy, is loaded with rituals that help encapsulate this process. In his free time he enjoys listening to music, laughing with friends and loving his wife and kids.

16a The Body's Wisdom: Healing Loss and Accessing Love

Community provides a venue for processing our losses to heal and move forward to reopen ourselves to love. The ‘body’ holds our experiences of loss and love. We will utilize movement, touch, dance, and words in the context of an interpersonal group experience to explore loss and renewal. (6 CEs, 12 Participants)

Brian Cross is a licensed psychologist practicing in the mental health field for the past 30 years. He is passionate about the art of psychotherapy, integrating body work, and is certified as a sex therapist.

Elizabeth Gomart, LPC (Master in International Affairs, Columbia University, 1994, Master in Education and Human Development, George Washington University) has a bilingual private practice in Washington, DC treating individuals, groups and couples. During her first career leading research teams for the World Bank, she became fascinated with group dynamics leading her to seek out group training, and attending and co-facilitating Tavistock conferences. She completed Core Energetics training in body psychotherapy in 2007. Elizabeth and co-presenter Brian are a married couple.

17a Traveling from Darkness of Ignorance to Light of Knowledge: Experiencing Loss, Grief, and Attachment Through the Lens of Kundalini Yoga and Psychotherapy

Experience kundalini yoga and traditional group process as opportunities to enrich our awareness as healers. In what ways do death, loss, and grief empower and enliven us or inhibit and confine us? Step out of darkness and into the light. (6 CEs, 20 Participants)

Damon Blank is a licensed marriage and family therapist in private practice for over 35 years. He is also a certified Kundalini yoga Instructor, RYT-200. He is fascinated with the integration of traditional psychotherapy and the technology of kundalini yoga as tools for awareness, growth, and healing.

18a A Wounded Healer or A Petty Tyrant - Make Your Choice

Tyrants never harm out of joy. These two days explore the price of buried sorrow—stealing our life spirit and robbing our clients of the miracle of their power to heal. Teachings and group processes enable participants to sustain commitment to clients even when it appears that nothing more will alleviate suffering. (6 CEs, 15 Participants)

Carol Brothers, PhD, has been practicing psychotherapy for over 35 years. She received advanced training in grief, loss and trauma from the Elisabeth Kubler-Ross staff and has led and staffed workshops worldwide: police officers in NYC after 9/11, workshops for 9/11 survivors, New Orleans after Katrina, and Gulfport, MS following flooding. She has provided critical
incident debriefing and was named one of Maryland’s Top 100 Women for Outstanding Achievement in 2003 and 2005 for her work in these areas.

Nancy Mullins, MA, a licensed marriage and family therapist, has led and staffed workshops for 35 years on grief, loss, trauma, and abuse, nationally and internationally, including in Oklahoma City, Canada, Northern Ireland, England, New Zealand and Zimbabwe. For 12 years she was a member of the staff of Dr. Elisabeth Kubler-Ross. She has training in critical incident stress management and led and staffed workshops nationally and in Canada and New Zealand on compassion fatigue and burnout for animal care professionals.

Nancy Mullins, MA

19a At Death’s Door

Endings are a constant element of life. We encounter these events and how we respond to them shapes who we are and how we relate. We suffer the loss of those we love. We will explore the personal impact of these experiences and the central role they play in therapy.

(6 CEs,14 participants)

Grover E. Criswell, MDiv, has had numerous experiences with death and dying, with goodbyes and endings: as a parish minister, hospital chaplain and psychotherapist, not to mention with family and friends. He believes how we engage with these losses determines the pattern of our relationships, with ourselves and others. He is a past president and Fellow of the Academy.

Grover E. Criswell, MDiv

20 Practicing in the Shadow of our Therapist Forefathers

While providing vital ways of understanding behavior, the “fathers” of therapy (e.g. Freud, Skinner) also contributed to misunderstanding that led to abuse, dismissal and short-sightedness in helping people. We will look at the research that exorcised these ghosts and how to use that knowledge to heal more fully. (3 CEs,Open)

Roy Clymer, PhD, is a licensed psychologist in the state of Texas. He is a graduate of the US Naval Academy, obtained an MSW from the University of Maryland, and his PhD in medical psychology from the Uniformed Services University of the Health Sciences. He has worked in both the private and public sector and as a researcher and clinician. He maintains a mostly-retired private practice in TX.

Roy Clymer, PhD

“Now those memories come back to haunt me. They haunt me like a curse Is a dream a lie if it don’t come true Or is it something worse?”

Bruce Springsteen

21 Grief and Redemption: When Happily Ever After Ends in Divorce

Dane Cunningham said, “Divorce is like death without a burial”. In this three-hour process group, participants will share their unique experiences of love, loss, grief, courage, and hope present in their marriages, separations, divorces, and subsequent relationships. (3 CEs,12 Participants)

Dane Cunningham

Brooke Bralove, LCSW-C is a licensed clinical social worker, psychotherapist, sex therapist, and Certified Daring Way™ Facilitator, specializing in treating adults, couples, and groups with depression, anxiety, and relationship challenges. She is a graduate of the University of Pennsylvania and Columbia University’s School of Social Work. Additionally, she is a graduate of the Washington School of Psychiatry Clinical Program on Psychodynamic Psychotherapy and the National Group Psychotherapy Institute. She has been in private practice in Bethesda, MD for 15 years.

Brooke Bralove, LCSW-C

22 "I'm Not Gonna Be Here Forever!" A Process Group Around Illness and Death

Therapists and clients become ill, recover partially or fully, and die. What does dealing with cancer, dementias, and aging evoke practically, professionally, emotionally? How do we facilitate grieving? Deal with denial? Work with the painful truths that live in the body? What sources of hope, comfort and support are available? (3 CEs,15 Participants)

Roy Clymer, PhD

Katie O’Meara is a licensed clinical psychologist in VA and the Director of the Center for Cognitive Therapy, a private practice where she supervises 12 associates. She specializes in anxiety disorders (specifically OCD), depression, divorce and separation, and relationship problems. She recently completed a training by the Collaborative Practice Training Institute and has extensive experience providing cognitive and psychological assessments. Dr. O’Meara received a PsyD from the American School of Professional Psychology, where she later served as an adjunct faculty member.

Katie O’Meara

Stephanie Erust received graduate training at Georgia State University and has practiced as a licensed psychologist for more than 40 years. She is in private practice in Decatur, GA, working with individuals, couples, groups, and supervisees. A member of the Academy for 22 years, she has extensive training in trauma recovery. As an aging clinician who has experienced and defeated breast cancer, she is no stranger to dealing with illness and what that brings up for clients and supervisees.

Stephanie Erust

Gus Kaufman is a licensed psychologist in GA with a PhD in clinical psychology from the Fielding Institute. He practices individual, couples and group psychotherapy and consults to other therapists. He is the senior trainer in Pesso Boyden System Psychomotor therapy. He is also a co-founder of Men Stopping Violence, Inc. and trains people around the world in ending male violence toward women.

Gus Kaufman

Thursday Afternoon One Day

20 Practicing in the Shadow of our Therapist Forefathers

While providing vital ways of understanding behavior, the “fathers” of therapy (e.g. Freud, Skinner) also contributed to misunderstanding that led to abuse, dismissal and short-sightedness in helping people. We will look at the research that exorcised these ghosts and

Gus Kaufman
Friday

The Dark Clouds of Racial Disavowal: Psychoanalytic Exploration of What Is Lost and Not Mourned in our Culture's Persistent Racism

Racism infiltrates clinical work, too often as ghosts that remain split off and disavowed. When who we are racially remains lost to us by splitting or disavowal, whether historically or in the present, our association with perpetrating or receiving of racism remains masked. As such, we are barred from mourning what harm we have created or suffered; we are barred from celebrating the riches of who we are when unfettered by racism, and the ghosts underpinning racism continue with their mischief. This presentation and guided presenter-audience exercises will show how treatment can transform the ghosts, making it possible to face and mourn losses to our humanness that racism has cost us. (3CEs, Open)

Dorothy Evans Holmes, PhD, is a teaching, training, and supervising analyst in the Psychoanalytic Center of the Carolinas, professor and PsyD Program Director Emeritus at the George Washington University, and teaching, training and supervising Analyst Emeritus at the Washington Baltimore Center for Psychoanalysis. Dr. Holmes is widely-recognized for her work on the impact of race and gender on psychoanalytic treatment process. She continues to be involved in national psychoanalytic organization leadership roles. She practices psychoanalysis and psychotherapy in Bluffton, SC.

Saturday

Learning From and Living With the Ghosts That Haunt Us

Throughout our lives we are deeply touched by people, experiences, and places. These memories become part of our enduring psychic structure. Sometimes, they are integrated without trouble into the ongoing flow of our lives. These positive memories can provide inspiration, comfort, and connection, and can be experienced as muses, guardian angels, and guides. At other times, our memories persist as unresolved problems, demanding our attention. These unresolved memories can stay with us throughout our lives, and can be experienced archetypally as ghosts, phantoms, or demons.

In his plenary session, Justin Hecht, Ph.D., will discuss the psychological function and meaning of hauntings, ghosts, demons, and spirits (kindly and otherwise) that emerge from our life’s experience. He will combine a Jungian archetypal perspective with an eclectic theoretical and conceptual approach to stimulate our thinking about the meaning, function, and purpose of hauntings in our lives. The session will begin with a lecture, and will be followed by a demonstration fishbowl exercise; plenty of time will be allowed for questions and answers. (3CEs, Open)

Dr. Justin Hecht is a Jungian analyst in San Francisco with an active group and individual practice. A graduate of Harvard University, he studied business at the Wharton School, developmental psychology at Columbia University, and completed his PhD in clinical psychology at Boston University. A licensed psychologist, he is on the clinical faculty of the University of California, San Francisco, where he teaches psychotherapy and Jungian analysis. He is a fellow of the American Group Psychotherapy Association.
Friday Afternoon
1b, 13b, 14b, 15b, 16b, 17b, 18b, 19b
Continued
~~~~~~~~~~~~~~~~~~~~
Friday/Saturday Two-Day

23a The Ghost in the Helix: Tracking Clues to the Self
Since epigenetic development is helical, evidence of our unresolved issues haunts our lives and relationships until we take the necessary risks and face the necessary losses to master them. This two-day psychodynamic group experience will offer stimulation and support for wherever each of us is on that developmental road. (6 CEs, 12 Participants)

David Hawkins, MD, is a Board Certified Psychiatrist in private practice in Chapel Hill, NC, where he offers individual, group, and couples therapy from a psychodynamic orientation. He also provides training in group psychotherapy, as well as supervision and consultation to other group and individual therapists.

24a Death, Loss, and Our Work: The Impact on the Working Relationship
How do losses and illnesses of our patients, and in our own lives, impact our work? Empathy, fear and sadness, along with vulnerable feelings are alive in the work. This two-day process group will explore the realities of loss, illness and death in our patients’ lives and our own. (6 CEs, 12 Participants)

Jenny Savitz-Smith was first introduced to the Academy by her mother, also a member, in 1999, when she attended her first I&C. Jenny is in private practice in Columbia, SC and has been practicing psychotherapy for 19 years. Jenny and Bradley are close friends and colleagues. Together they process the losses in their own lives and explore how grief affects each of them and their professional work.

Bradley Lake has been in private practice for over 27 years. He provides group, individual and couples psychotherapy to a diverse population, as well as supervision to clinicians, with offices in Washington, DC and Annapolis, MD. He’s thrilled to co-lead this workshop with Jenny Smith. Bradley lives on the eastern shore of MD on six acres of woods, with his husband, two children, and three dogs.

25a If You Meet the Ghost on the Road, Kill It!
Ghosts can represent unfinished business from the past. Our challenge is to stay with the grieving process long enough to allow the pain to subside so that we can feel the joy of having loved and having been loved. We will share our grief and how we persist in living fully.
(6 CEs, 10 participants)

Lee Blackwell, PhD, is in private practice in Newport Beach and Huntington Beach, CA, specializing in couples therapy and sexual issues. After receiving his PhD from Florida State University, he received training in sex therapy in the human sexuality program at UCLA, staying on as a supervisor and later becoming co-director from 1983 to 1993. He has presented nationally and internationally on sexuality, psychotherapy and neuroscience. Lee is a past president and Fellow of the American Academy of Psychotherapists.

26a Lost Landscapes: Attachment, Loss and Homecoming to the Natural World
Through experiential awareness, didactic materials and individual and group process, this workshop will explore attachment and loss in the landscapes of participants’ lives, and in our collective connection to our environment. Specific skills and experiences in ecotherapy will be included while exploring (on foot) one of Savannah’s natural environments. (6 CEs, 15 participants)

Penelope Norton has practiced psychology for over 30 years in Ormond Beach, FL. She specializes in psychotherapy with children, teens, adults and seniors. She conducts individual, couple, group and family therapy. She has a passion for the natural environment and has conducted many workshops in ecotherapy.

Ruth Wittersgreen’s earliest memories are of exploring the wilderness for hours on end where she lived in a valley beneath the mountains of Tennessee. During college at the University of South Florida, most days involved hiking or canoeing amongst river otters, bobcats, alligators, and foxes. Completing her doctorate in clinical-community psychology at the University of South Carolina, she studied environmental psychology. Now utilizing ecotherapy as a licensed clinical psychologist in DC, she is immersed in nature much of the time.

"If we are unable to move on when life requires it, we may be incapable of hanging on when life demands it. Yet loss, if fully mourned, can be a vehicle for growth."
Vamik Volkan

"There were ghosts in the eyes Of all the boys you sent away They haunt this dusty beach road In the skeleton frames of burned out Chevrolets."
Bruce Springsteen
27a The Loss of Innocence
This two-day experiential process group will focus on our histories with, and reactions to, the loss of innocence in our lives. Together, we will attempt to explore this largely unexplored loss and how it has shaped our responses to the world and to our interpersonal relationships. Blessing, curse, or both? (6 CEs, 15 participants)

David E. Mermelstein, PhD, is a licensed clinical psychologist in private practice in Charlotte, NC. He received his doctorate from Catholic University. A Fellow of AAP, he has offered numerous workshops and trainings in a variety of settings, including the Academy, and has written extensively on the psychotherapy experience. Currently, he works with individual adults, couples, and offers loss and bereavement counseling to bereaved parents. He works from an existential/experiential orientation.

“Well, I’ll be damned, here comes your ghost again. But that’s not unusual. It’s just that the moon is full. And you happened to call.”

Joan Baez

28 Recovering and Mourning Racial Losses in Treatment: Lessons from Filmed Reflections on a Cross-Racial Analysis
Participants will view a film that reprises a 1950’s cross-racial analysis. Racial factors eluded the analytic process and the filmed discussion between Ralph Greenson, White, the former analyst and Ellis Toney, Black, the former analyst. We will focus on recovering, mourning and using the lost elements for effective treatment. (Diversity) (3 CEs, Open)

Dorothy Evans Holmes, PhD, is a teaching, training, and supervising analyst in the Psychoanalytic Center of the Carolinas, professor and PsyD Program Director Emeritus at the George Washington University, and teaching, training and supervising Analyst Emeritus at the Washington Baltimore Center for Psychoanalysis. Dr. Holmes is widely-recognized for her work on the impact of race and gender on psychoanalytic treatment process. She continues to be involved in national psychoanalytic organization leadership roles. She practices psychoanalysis and psychotherapy in Bluffton, SC.

29 Anticipatory Grief: A Process Group
You know the fear: it so often arises - unbidden - at the very moments we feel most grateful for our partner or loved one. Beginning with some guided imagery and dyad work, we will explore this “anticipatory grief” that comes with the territory of loving (and attaching) deeply. (3 CEs, 15 participants)

Tony Rooney received his PhD in clinical psychology from GA State in 1990, and has been in private practice in Atlanta ever since. His passionate interest is the cross-pollination between “spiritual” and “psychological” approaches to human healing and evolution.

Devajoy Gouss, LCSW, is an experiential therapist practicing in Atlanta for 35 years. Working within group, couple and individual settings, she has evolved her own style of experiential therapy after years of training in psychomotor therapy with Jacque Damgaard, PhD and Al Pesso. She also integrates energy medicine, brainspotting, EMDR, polarity touch, yoga, life coaching, resiliency therapy and the power of ritual in her work. For over two decades, she has given monthly experiential workshops.

30 The Therapeutic Action of Mourning: Working with Grief While Grieving
Clinical material and group process will highlight three areas of grief: developmental loss (separation/individuation); death of a loved one (bereavement); loss of identity due to divorce or break ups (death of a relationship). We will be looking at the therapeutic action of mourning. (3 CEs, 15 Participants)

Alison Howard has a bachelor’s degree from Boston University, a masters in mental health counseling, and a doctorate in clinical psychology from George Washington University. Her clinical work spans public schools, agencies, counseling centers, private practices and hospitals. She has advanced training in psychoeducational assessments, couples therapy and group therapy. She holds active licenses in DC and MD, and has a private practice in upper NW DC. She works with adolescents and adults in individual and group therapy.

“I’ve seen fire and I’ve seen rain
I’ve seen sunny days that I thought would never end
I’ve seen lonely times when I could not find a friend
But I always thought that I’d see you again”

James Taylor

Friday Afternoon
One-Day

“I've seen fire and I've seen rain
I've seen sunny days that I thought would never end
I've seen lonely times when I could not find a friend
But I always thought that I'd see you again”

James Taylor
31 Making the Midlife Transition: Facing the Ghosts of the Past and Embracing the Future with Wholeness

This experiential and didactic workshop will present a Jungian approach to dealing with the midlife crisis. Justin Hecht will provide theories and definitions, discuss the ghosts that keep us stuck, and suggest strategies for a successful transition to maturity. The workshop will include a demonstration group and time for interaction. (3 CEs, 50 Participants)

Justin Hecht, PhD, is a Jungian analyst in San Francisco with an active group and individual practice. A graduate of Harvard University, he studied business at the Wharton School, developmental psychology at Columbia University, and completed his PhD in clinical psychology at Boston University. A licensed psychologist, he is on the clinical faculty of the University of California, San Francisco, where he teaches psychotherapy and Jungian analysis. He is a fellow of the American Group Psychotherapy Association.

32 I Ain't Afraid of No Ghosts: Cultivating the Courage to Face the Ghosts of our Past

In this one-day experiential group process, we will come together and identify ghosts of our past and present. We will cultivate the courage to face these ghosts and explore how they impact our relationships with ourselves, family, friends, and clients. (3 CEs, 12 Participants)

Ron Del Moro is a holistically-minded licensed mental health counselor and earned a PhD in mental health counseling, a Masters degree in marriage and family therapy, and a Specialist degree in education. He has certifications and trainings in a diverse array of alternative healing modalities. Dr. Del Moro has been providing individual, couples, and group psychotherapy, organizational wellness consultations, and communication training with the Gainesville community since 2006. He recently relocated to Washington, DC and is in private practice.

Noah Meyers is a licensed clinical psychologist. He received his BS from Cornell University and his PhD from American University. He is currently in private practice in Washington, DC and works with individuals, couples,

33 There’s a Ghost in my Closet: Using Expressive Art to Identify and Process Unresolved Grief

Unveiling unresolved grief buried in our bodies may require more than talk therapy. In this workshop, we will use meditation, music, and creative writing to discover unresolved grief. Participants will share their personal and professional experience to shed light on unresolved grief, and to find meaningful and creative ways to grieve. (3 CEs, 15 Participants)

Hilla Keren holds a Bachelor of Science degree in psychology and a Master of social work (MSW) from The University of Maryland. Since 1997, she has been leading groups and providing family and group psychotherapy for adults, children, and adolescents. She leads continuing professional education seminars and has designed and implemented a healing intensive program using expressive art therapy with women who endured trauma. She worked in Maryland until 2014. She is currently providing group supervision in her private practice in Toronto.

“No one ever told me that grief feels so much like fear.”

C.S. Lewis

“To understand the living, you have to commune with the dead.”

- Midnight in the Garden of Good and Evil

“Coffee cups on the counter, jackets on the chair Papers on the doorstep, but you’re not there Everything is everything But you’re missing.”

Bruce Springsteen
**34 Legacies of Love: The Loss of a Pet**

This experiential and process-oriented group will provide participants a chance to understand the depth of the animal/human bond and the grief that can result from the loss of a pet. Attachment theory and pet connection and loss will be discussed and various resiliency skills taught and practiced. (3 CEs, 12 participants)

**Kay Loveland, PhD**, is a clinical psychologist in private practice in Asheville, NC, director of Camp Unleashed, co-founder of Camp Hope Unleashed for Veterans with PTSD, a resiliency trainer, and developed a program using therapy dogs with Resources for Resiliency in the Buncombe County Jail. This workshop honors her goldendoodle, Misha.

**35 Professional Self-Care as an Ethical Imperative in Working with Grief and Loss**

It is said: “A client can go only go as far as we go.” In this workshop, we’ll consider what changes we need to make in our lives with regard to self-care that allow us to be fully present and work more deeply with our clients facing grief and losses. (Ethics) (3 CEs, 12 participants)

**Marilyn Schwartz, PhD**, is a psychologist in Washington, DC, providing individual and couples therapy, clinical supervision, and is a consultant to the Smithsonian Institution. She created and co-directs the Adult ADHD Center of Washington, a treatment center for adults with ADHD. She is Chair of the AAP Ethics Committee, a member of the ethics committee of the DC Psychological Association, and frequently presents at national and local meetings on the topic of ethics in psychotherapy.

**Kevin Quiles, MDiv, MA**, helped patients and their family members for 15 years as a hospice chaplain. He is the founder of Conversing with Death, a program aimed at assisting healthcare and mental health professionals to work through the existential struggle of impermanence. Along with speaking locally and nationally, Kevin is the author of three books, Spiritual Care to Elderly and Dying Loved Ones, Conversing with Death, and Last Breath Awareness. The fifty-six year old holds a private practice in Roswell, GA.

**36 That Which Endures: Relating to Real Ghosts**

We will gather to share stories from our clinical work and our personal lives of actual (not imagined or as-if) relationships with those who have passed on. From this sharing we will see what we can learn about the nature of such relationships and how they can be usefully addressed. (3 CEs, 12 participants)

**John Rhead** was born in Utah and grew up in Colorado. He went on to get degrees in psychology from Dartmouth (BA, 1963) and Stanford (PhD, 1971). His first job out of school was doing research on the use of LSD as an adjunct to psychotherapy with terminal cancer patients, alcoholics, and others. He is licensed as a psychologist in MD and has certificates in group therapy and in marriage and family therapy.

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**Community Meetings**

The large group process is an integral part of the experience at any AAP event. Four of these groups, which we call Community Meetings, spread throughout the conference: the Opening Experience, two Community Meetings (Thursday and Friday), and the Closing Experience. (5 CEs/1.25 each, Open)

**Kristie Nies, PhD**, is a board certified clinical neuropsychologist and a registered yoga teacher. Involvement in AAP has included writing for Voices, presenting workshops, and chairing the 2013 I&C.

**Stephanie Spalding, LCSW-R**, is in private practice in New York City. She is a member of the Executive Council, chair of the Training Institutes, and has been a presenter for AAP.

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“Grief is an intensely interior process that can only be navigated in the presence of community... (it’s) the solitary journey that we cannot do alone.”

—Adrienne Harris
**AAP REGISTRATION INFORMATION**

Name for badge: 

Degree, License(s) & State: 

Address: 

Email: 

Preferred Phone Number: 

Special Diet/Special Needs: 

Would you like to be assigned an Ambassador to help navigate the conference? **Y**  **N** 

May we share your contact information with your Ambassador? **Y**  **N** 

**AAP Members: Want to be an Ambassador?** **Y**  **N**

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**REGISTRATION FEES**

Cancellations before September 9, 2019, will be fully refunded less a $75 processing fee. 

Refund requests must be submitted in writing to aap@caphill.com

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**OPTIONAL FEES**

- **CE Processing Fee** (fee for one day registration is $25) 
  - $55

- **Wednesday Buffet Dinner Guest**
  - Full Registration includes 1 Wednesday meal 
  - $75

- **Saturday Dinner Banquet (Please circle meal choice)**
  - Fish: $75 
  - Chicken: $75 
  - Vegetarian: $75

- **Saturday Dinner Banquet Guest (please circle meal choice)**
  - Fish: $75 
  - Chicken: $75 
  - Vegetarian: $75

- **Past Scholar Discount** (Applies to attendees who were AAP Scholars in 2018 and register by 9/9/2019)
  - $50
  - $100

- **West Coast and International Discount** (Alaska, California, Oregon, Washington, International) 
  - $100

- **Check Payment Discount** 
  - $10
  - $10

**Total Due (Payment must accompany this form)**

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**PAYMENT INFORMATION**

Make enclosed check payable to: American Academy of Psychotherapists.

Credit Card #: 

AAP does not take AMEX

Expires: 

CSC/CVV#: 

Cardholder Name: 

Billing Address: 

(As it appears on your credit card statement):

Signature:

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**WORKSHOPS**

Plenaries on Friday and Saturday are for all conference registrants (Each: 3 CEs)

- **Thursday Morning Workshops**
  - 1st___  2nd___  3rd___

- **Thursday Afternoon Workshops**
  - 1st___  2nd___  3rd___

- **Friday Afternoon Workshops**
  - 1st___  2nd___  3rd___

- **Saturday Afternoon Workshops**
  - 1st___  2nd___  3rd___

Would you like to register for an Open Process Group? **Y**  **N**

Is this your first AAP Conference? **Y**  **N**

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**TRAINING INSTITUTES**

- **Wed PM and Thurs AM Oshrain**
- **Wed PM and Thurs PM Weiss**

**Easy Registration Options:**

- **Fax or Email:** Fax completed registration form to 518-463-8656 or email to aap@caphill.com
- **Mail:** Send registration form and check to AAP, Washington Ave. Ext, Suite 101, Albany, NY 12203
- **Online registration:** Available at www.aapweb.com after July 17, 2019
- **Questions:** Contact AAP Central Office, aap@caphill.com or call 518-240-1178.

**How did you hear about the AAP Conference?**
Thursday Morning 9:00 - 12:15 | Thursday Afternoon 3:15 - 6:15 | Friday Morning Plenary | Saturday Morning Plenary
---|---|---|---
1a Rosenblatt |  | Plenary: Holmes | Plenary: Hecht
2a Staroba | 2b Staroba |  |  
3a Lazarus/Otto | 3b Lazarus/Otto | 23a Hawkins | 23b Hawkins  
4a Mithoefer/Mithoefer | 4b Mithoefer/Mithoefer | 24a Savitz-Smith/Lake | 24b Savitz-Smith/Lake  
5a Cohen/Pomerance | 5b Cohen/Pomerance | 25a Blackwell | 25b Blackwell  
6a Savitz/Thomas | 6b Savitz/Thomas | 26a Norton/Wittersgreen | 26b Norton/Wittersgreen  
7a Megdell | 7b Megdell | 27a Mermelstein | 27b Mermelstein  
8 Cohn/Bromfman/Swander | 13a Kirsch | 13b Kirsch | 13c Kirsch  
9 Marsh | 14a Klein/ Farber | 14b Klein/ Farber | 14c Klein/Farber  
10 Webster ETHICS | 15a Lofts | 15b Lofts | 31 Hecht  
11 Levine | 16a Cross/Gomart | 16b Cross/Gomart | 32 Del Moro/Meyers  
12 MacKinnon | 17a Blank | 17b Blank | 33 Keren  
 | 18a Brothers/Mullins | 18b Brothers/Mullins | 34 Loveland  
19a Criswell | 19b Criswell | 35 Schwartz/Quiles ETHICS  
20 Clymer | 1b Rosenblatt | 36 Rhead  
21 Bralove/O’Meara | 28 Holmes DIVERSITY  
22 Enst/Kaufmann | 29 Rooney/Gous  
Wednesday PM, Thursday AM | Wednesday PM, Thursday PM | 30 Howard  
T1 Oshrain DIVERSITY | T2 Weiss  
Wed: 9:00 - 10:00 PM | Thursday: 8:45 - 10:30 | Friday: 8:45 - 10:30 | Saturday: 2:30 - 5:45  
CONTINUING EDUCATION INFORMATION

Satisfactory Completion: Learners must complete an evaluation form to receive a certificate of completion. Your chosen sessions must be attended in their entirety. Partial credit of individual sessions is not available. If you are seeking continuing education credit for a specialty not listed below, it is your responsibility to contact your licensing/certification board to determine course eligibility for your licensing/certification requirement.

Psychologists (APA): This course is co-sponsored by Amedco and the American Academy of Psychotherapists. Amedco is approved by the American Psychological Association to sponsor continuing education for psychologists. Amedco maintains responsibility for this program and its content. 26.25 hours.

The following state boards accept courses from APA providers for Counselors: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, HI, IA, ID, IL, IN, KS, MD, ME, MO, NC, ND, NE, NH, NE, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

Al: Counselors Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval before the event. No approvals afterward by the board.

M: No CE requirements

The following state boards accept courses from APA providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, IA, ID, IN, KS, MD, MO, NE, NC, NH, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Addictions Professionals: AK, AR, AZ, CA, CO, CT, DC, DE, FL, GA, IA, ID, IN, KS, MA, MD, ME, MO, NE, NC, NH, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

The following state boards accept courses from APA providers for Social Workers: AK, AR, AZ, CA, CO, CT, DE, FL, GA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VA, WA, WI, WY

Social Workers As a Jointly Accredited Organization, Amedco is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. State and provincial regulatory boards have the final authority to determine whether an individual course may be accepted for continuing education credit. Amedco maintains responsibility for this course. Social workers completing this course receive 26.25 clinical continuing education credits.

The following state boards accept courses from ASWB providers for Social Workers: AK, AL, AR, AZ, CA, CO, CT, DE, FL, GA, ID, IN, KS, LA, MD, ME, NX, NY, ND, NE, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

The following state boards accept courses from ASWB providers for Counselors: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MA, MD, ME, MO, NE, NC, NH, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

Al: Counselors Activities not providing NBCC approval may be approved by the Board for individual licensees upon receipt of acceptable documentation prior to the activity. Please send course details to your licensing board for approval before the event. No approvals afterward by the board.

The following state boards accept courses from ASWB providers for MFTs: AK, AR, AZ, CA, CO, CT, DE, FL, GA, IA, ID, IN, KS, MD, ME, MO, NE, NC, NH, NI, NM, NV, OK, OR, PA, RI, SC, SD, TN, TX, UT, VT, VA, WA, WI, WY

New York Social Workers Amedco SW CPE is recognized by the New York State Department of Education’s State Board for Social Work as an approved provider of continuing education for licensed social workers #0015. 26.25 hours.

New York Board for Mental Health: Amedco is recognized by the New York State Education Department’s State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHCP-0001. 26.25 hours.

New York Board for Marriage & Family Therapist: Amedco is recognized by the New York State Education Department’s State Board for Marriage & Family Therapists as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0032. 26.25 hours.

FL BBS: Amedco is approved by the Board of Clinical Social Work, Marriage & Family Therapy, and Mental Health Counseling Provider BAP#J9-Exp.3-31-2021. 26.25 GENERAL Hours

National Board of Certified Counselors, Marriage and Family Therapists (NBCC) This course has been submitted for review.

Georgia Association For Marriage and Family Therapy (GA MFT): This course has been submitted for review.

Licensed Professional Counselors Association of Georgia (GA LPC): This course has been submitted for review.

Note: To receive CEU credit, you must pay the CEU fee and be registered for the 2019 I&C Conference.
## Workshops by Day, Number, Title and Presenter

<table>
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<tr>
<th>Day</th>
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| **T1**       |        | Exploring Gender Identity and Gender Non-Conformity: A Training Institute | Wednesday PM/Thursday AM
|              |        | **Lori Oshrain**                                                      |                                                                              |
| T2           |        | Men's Fears of Women in Intimate Relationships                        | Wednesday PM/Thursday PM
|              |        | **Avrum Weiss**                                                       |                                                                              |
| **Thursday Morning 9:00-12:15** |        | #1a/b Grief and Mourning: The Beauty of Sitting “Shiva”  | Bob Rosenblatt                                                               |
|              |        | #2a/b How to Kill Your Mother Part 2: Grief or Relief?               | Kristin Staroba                                                              |
|              |        | #3a/b Standing in Grief                                              | Judy Lazarus and Jenny Otto                                                  |
|              |        | #4a/b The Grief and Loss of Trauma - Accessing Inner Healing Wisdom in MDMA-assisted Psychotherapy: Evidence and Examples from Clinical Research | Michael Mithoefer and Annie Mithoefer                                      |
|              |        | #5a/b From National to Personal: Grieving the Loss                   | Gordon Cohen and Lenore Pomerance                                            |
|              |        | #6a/b The Miscarriage of Grief: Utilizing Movement and Psychotherapy to Process Complicated Grief | Jennifer Savitz and Jillian Thomas                                          |
|              |        | #7a/b Relationships Don’t Die, People Do: Making Grief Matter Through Shared Tears and Laughter | Jacob Megdell                                                                |
|              |        | #8 The Other Side of Suicide N. Mendie Cohn, Darrin Bronfman, and Karen Swander |                                                                              |
|              |        | #9 Grieving Past Parts of Ourselves: Honoring the Shoulda, Coulda, and Woulda | Liz Marsh                                                                    |
|              |        | #10 Use of Ritual in Ethical Relationship Transition: An Ethics Workshop | Pat Webster                                                                  |
|              |        | #11 Delayed Mourning Creatively Captured: “Lars and the Real Girl”  | Joan Levine                                                                  |
|              |        | #12 Reunion With Self: The Integration of Ghosts in Adoption and Third-Party Reproduction | Leslie Pate Mackinnon                                                        |
| **Thursday PM 3:15-6:15** |        | (T2, #2, 3, 4, 5, 6, and 7 continued)                                |                                                                              |
|              |        | #13a/b/c Groveling, Grappling, Growing, Grieving: A Three-Day Process Group | Nicholas Kirsch                                                             |
|              |        | #14a/b/c Welcoming the White Shadow                                   | Adam Klein and Jonathan Farber                                               |
|              |        | #15a/b Managing Lingering Ghosts                                      | David Loftis                                                                 |
|              |        | #16a/b The Body’s Wisdom: Healing Loss and Accessing Love             | Brian Cross and Elizabeth Gomart                                              |
|              |        | #17a/b Traveling from Darkness of Ignorance to Light of Knowledge: Experiencing Loss, Grief, and Attachment Through the Lens of Kundalini Yoga and Psychotherapy | Damon Blank                                                                 |
|              |        | #18a/b A Wounded Healer or A Petty Tyrant - Make Your Choice          | Carol Brothers and Nancy Mullins                                            |
|              |        | #19a/b At Death’s Door                                                | Grover Criswell                                                             |
|              |        | **#20 Practicing in the Shadow of our Therapist Forefathers**        | Roy Clymer                                                                   |
|              |        | **#21 Grief and Redemption: When Happily Ever After Ends in Divorce** | Brooke Bralove and Katie O’Meara                                             |
|              |        | **#22 “I’m Not Gonna Be Here Forever!” A Process Group Around Illness and Death** | Stephanie Ezust and Gus Kaufman                                             |
| **FRIDAY AM PLENARY 9:00-12:15** |        | The Dark Clouds of Racial Disavowal: Psychoanalytic Exploration of What is Lost and Not Mourned in our Culture’s Persistent Racism | Dorothy Evans Holmes                                                        |
| **Friday PM 3:15-6:15** |        | (T2b, 1b, 13b, 14b, 15b, 16b, 17b, 18b, 19b)                        |                                                                              |
|              |        | #23 The Ghost in the Helix: Tracking Clues to the Self               | David Hawkins                                                                |
|              |        | #24 Death, Loss, and Our Work: The Impact on the Working Relationship | Jenny Savitz-Smith and Bradley Lake                                          |
|              |        | #25 If You Meet the Ghost on the Road, Kill It! Lee Blackwell        |                                                                              |
|              |        | #26 Lost Landscapes: Attachment, Loss and Homecoming to the Natural World | Penelope Norton and Ruth Wittersgreen                                       |
|              |        | #27 The Loss of Innocence                                            | David Mermelstein                                                            |
|              |        | #28 Recovering and Mourning Racial Losses in Treatment: Lessons from Filmed Reflections on a Cross-Racial Analysis | Dorothy Holmes                                                              |
|              |        | #29 Anticipatory Grief: A Process Group                              | Tony Rooney and Devajoy Gouss                                                 |
|              |        | #30 The Therapeutic Action of Mourning: Working with Grief While Grieving | Alison Howard                                                              |
| **SATURDAY AM PLENARY 9:00-12:15** |        | Learning From and Living With the Ghosts That Haunt Us                | Justin Hecht                                                                 |
| **Saturday PM 2:30-5:45** |        | (Saturday continued: 13c, 14c, 23b, 24b, 25b, 26b, 27b)             |                                                                              |
|              |        | #31 Making the Midlife Transition: Facing the Ghosts of the Past and Embracing the Future with Wholeness | Justin Hecht                                                                |
|              |        | #32 I Ain’t Afraid of No Ghosts: Cultivating the Courage to Face the Ghosts of our Past | Ron Del Moro and Noah Meyers                                                 |
|              |        | #33 There’s a Ghost in my Closet: Using Expressive Art to Identify and Process Unresolved Grief | Hilla Keren                                                                  |
|              |        | #34 Legacies of Love: The Loss of a Pet                              | Kay Loveland                                                                 |
|              |        | #35 Professional Self-Care as an Ethical Imperative in Working with Grief and Loss | Marilyn Schwartz and Kevin Quiles                                           |
|              |        | #36 That Which Endures: Relating to Real Ghosts                       | John Rhead                                                                   |

### Community Meetings:

**Thursday and Friday**

Kristie Nies
Stephanie Spalding

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20
Ghosts

Sometimes in the night I feel it
Near as my next breath and yet untouchable
Silently the past comes stealing
Like the taste of some forbidden sweet
Along the walls in shadowed rafters
Moving like a thought through haunted atmospheres
Muted cries and echoed laughter
Banished dreams that never sank in sleep
Lost in love and found in reason
Questions that the mind can find no answers for
Ghostly eyes conspire treason
As they gather just outside the door
And every ghost that calls upon us
Brings another measure in the mystery
Death is there to keep us honest
And constantly remind us we are free
Down the ancient corridors
And through the gates of time
Run the ghosts of days that we’ve left behind
Down the ancient corridors
And through the gates of time
Run the ghosts of dreams that we left behind
Sometimes in the night I feel it
Near as my next breath and yet untouchable
Silently the past comes stealing
Like the taste of some forbidden sweet
And every ghost that calls upon us
Brings another measure in the mystery
Death is there to keep us honest
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—Dan Fogelberg